



Sacred Heart College  
AUCKLAND

# International Students Prospectus



The Making of Marist Men





# Sacred Heart College AUCKLAND

## Welcome to Sacred Heart College



Kia ora Koutou

*"If you want to teach  
young people, first you  
must love them. You must  
love them all equally"*

St Marcellin  
Champagnat.

The founder of our  
College knew that at  
the centre of education  
is the child who must  
be known, loved and  
nurtured. At Sacred

Heart College we envision teaching as a vocation and a school as "student centred". We deeply appreciate that you only get one shot at a high-quality secondary education. We firmly believe that Sacred Heart College offers a well-rounded, holistic Catholic education in the Marist tradition. These foundations allow our young men to excel in all aspects of school life.

Sacred Heart College is proud of its traditions, history, and values. We are equally proud to be future focussed, innovative, encouraging our young men to be positive change agents in the world.

The College boasts outstanding academic results, State of the Art facilities and dedicated teachers. We are also honoured to claim Jesus Christ as our "superhero" and Mary his Mother our guide and strength.

You will discover that Sacred Heart College opens up a world of opportunity for your son. It will develop his Faith, fulfil his academic potential, and provide opportunities for sporting and cultural excellence.

A Sacred Heart  
education provides a  
foundation of faith and  
the determination to  
succeed at the highest  
level in personal and  
professional life.

Our young men develop lifelong friendships and become people of faith and character. Sacred Heart graduates are rightly proud that the College has assisted them to reach their full potential and prepared them for a complex and ever-changing world.

We welcome the opportunity to start your son this exciting journey!

**Patrick Walsh**  
Headmaster

## Welcome from our Director of International Students

Sacred Heart College is one of New Zealand's leading Catholic boys' schools. With more than 100 years of Marist tradition that serves as the backbone that inspires everyday life, the College is renowned nationally and internationally for its academic excellence, sports achievements, performing arts and the quality of pastoral care. It is both our privilege and commitment to develop boys into courageous young men who are authentic in faith, character and aspiration.

Graduates of our College are compassionate, resilient and counter-cultural, set up for a journey of success and excellence in whatever paths they choose to take. Sacred Heart Old Boys are among New Zealand's top musicians, academics, artists, sportsmen and religious and civil leaders.

Each year, we host a number of International Students from Asia, the Pacific, and Europe. These students come

to Sacred Heart to study, gain University Entrance, experience New Zealand's culture, and travel around our beautiful country. The College provides an excellent academic programme and caring environment for our International Students to be successful in their future. It is pleasing to see many of our students gain entry to some of the top Universities both in New Zealand and around the world.

International Students are an integral part of our College and are welcomed with a nurturing environment, challenging curriculum and rewarding experiences in academia, sports, music and cultural activities. We invite you to join the Sacred Heart family.

**Ting Xu**  
Director of International Students





# Special Character

As contemporary Catholic, Marist and Champagnat educators, we respond to the spiritual, academic and social needs of our students, leading by example and guided by our seven Sacred Heart Pillars.



At Sacred Heart College the Catholic vision, attitudes and values of St Marcellin Champagnat are experienced in the daily lives of boys, staff and Brothers.

Every school aims to build and nurture a positive culture. At Sacred Heart, our culture is centred on the person of Jesus Christ and shaped by the unique and distinctive charism of St Marcellin Champagnat, which permeates all aspects of school life.

The Marist Brothers brought the educational ethos of St Marcellin Champagnat to New Zealand in 1838. Today their vision and values can be seen at work in schools from one end of the country to the other.



As contemporary Catholic educators, our aim is to consistently meet the spiritual, academic and social needs of our students, leading by example and guided by our Marist pillars.

Community spirit is fundamental to the Sacred Heart College family, which comprises of students, parents, staff, Marist Brothers, Old Boys and friends of the College. At Sacred Heart we give top priority to fostering supportive, compassionate relationships. A strong team spirit unites our teaching staff – the atmosphere is welcoming, warm and down-to-earth with a deep sense of humility.

## Sacred Heart Pillars



### Diligence

Teachers, supervisors, boarding staff and students work together to fulfil their potential in all aspects of College and Hostel life. Academic excellence is a valued goal, as is involvement in cultural and sporting activities.



### Support

Sacred Heart College education aims to support students and families in need; not only those who are materially needy, but also those who require spiritual, emotional and intellectual support.



### Simplicity

Simplicity is seen as a Gospel value; relationships are characterised by simplicity of expression. To this we link humility and modesty, making the three violets of our Marist tradition.



### Family spirit

We relate to each other and our students as members of a family. This builds community amongst our staff, parents and our wider Sacred Heart College family.



### Presence for others

Boarding and teaching staff at Sacred Heart aim to provide a pedagogy of presence – to be 'present' for each other, listen and provide a good example.



### Loyalty and pride

We are true to our tradition and recognise that Sacred Heart College has contributed to the lives of our students, who are justly proud of their Catholic, Marist and Champagnat heritage.

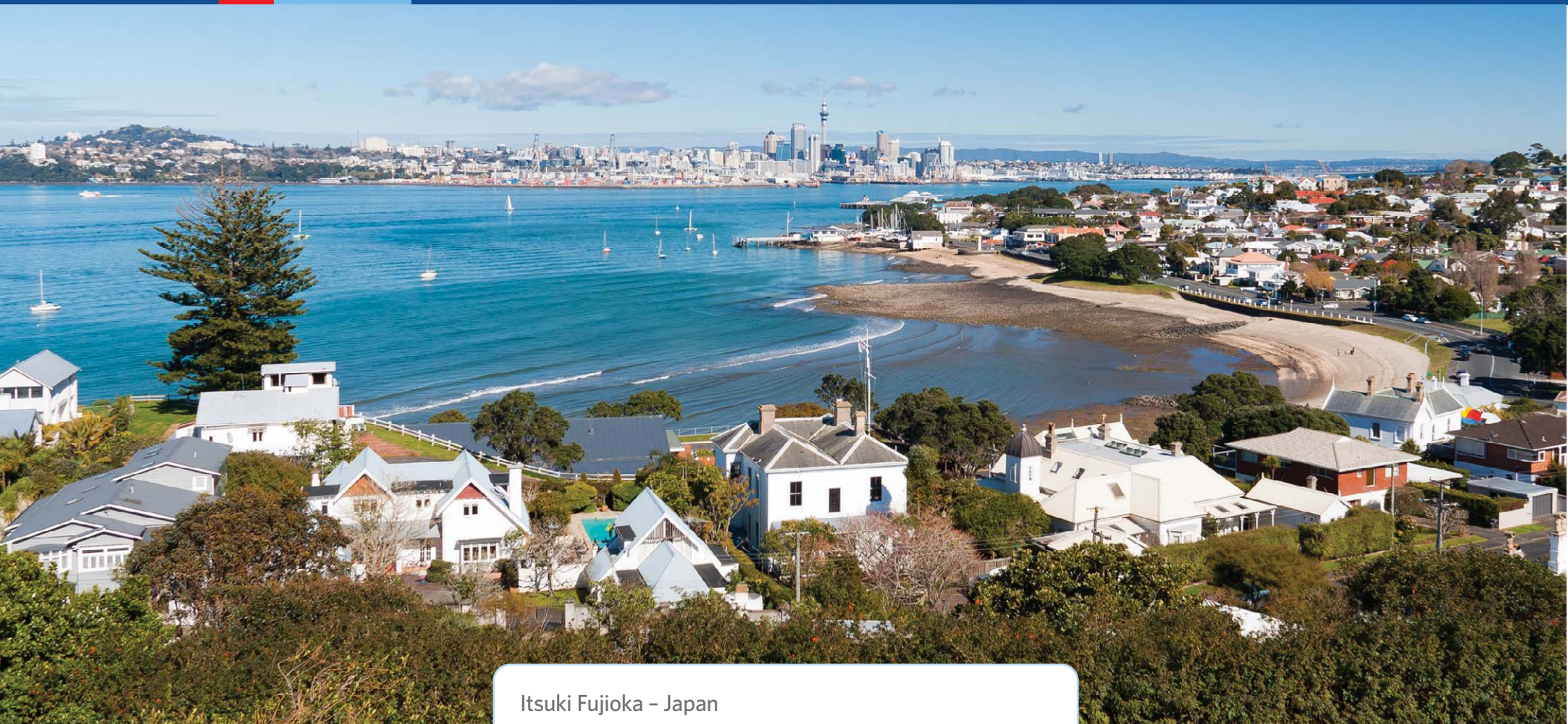


### All in the Way of Mary

Our spirituality is expressed through our devotion to Mary's attitude towards Jesus, others and towards God: "All to Jesus through Mary. All to Mary for Jesus."



# Living in Auckland, Aotearoa New Zealand



## About Auckland, Tāmaki Makaurau

Auckland is New Zealand's largest city and the centre of the country's retail and commercial activities. The city is renowned for its mild climate, friendly people, and the huge variety of arts and culture scenes. It is matched with beautiful harbours, islands, beaches, forests and volcanic cones offering countless adventure activities. Summer months are from December through to end of February, averaging around 24 degrees Celsius, and Winter between June and end of August, with average temperature of 16 degrees.

Sacred Heart College is located in Glendowie, a charming eastern seaside suburb and adjacent to St Heliers Bay offering a relaxed, seaside lifestyle. It is only 20 minutes from downtown and close to many established shopping, dining and recreational amenities.

Auckland is an excellent study destination. Students can choose from many high quality tertiary institutions offering a wide range of subjects, courses and superb career opportunities.



## Student Voices



**Mackey Tsang – Hong Kong**

Sacred Heart College has so many opportunities for me and offers a wide range of courses to choose from. I am particularly grateful for the leadership opportunity provided to international students, which helps me grow my confidence and widen my horizons.

**Itsuki Fujioka – Japan**

During my four years at Sacred Heart, the school has shaped me to be a better person. Every teacher encourages me to keep trying hard, and improve myself whether it's on the rugby field, or learning new knowledge. I am very thankful for their high standard and high expectation. I think their dedication to students has made Sacred Heart College a top performing high school in New Zealand.



**Fredrick Hennings – Fiji**

Sacred Heart provides a wide range of sport and cultural activities such as rugby, football, waterpolo, and all sorts of music groups which I personally enjoy taking part in. There are also social events available organised by the staff in the International Department so we can enjoy social activities and meeting up with students from other schools and backgrounds.



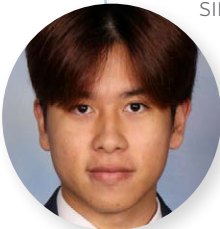
**Wayne Chow – Hong Kong**

Sacred Heart College makes me feel like living in home, the boarding hostel provides me not only a well-structured campus life, but also a great opportunity to be integrated as much as possible. I have made so many great kiwi friends, and my English has improved so much.



**Pudit Sombatcharoen – Thailand**

I've been studying at Sacred Heart College since Year 9. I can confidently say without hesitation that Sacred Heart has given me many different future paths. I have learnt from my teachers and fellow students the value of family spirit, diligence, presence for others, and resilience.



**Wonpyo Kang – South Korea**

I like the fact that teachers at Sacred Heart College have high standards, they also expect us the students to aim high. There are many different co-curricular activities that provides us an all-around education. The International staff always try their best to take care of us academically and socially, I feel warm and secure. The sports and music programs help students pursue their passions and develop talents. I have made many talented friends and learned a lot from them.



**Moses Fan – China**

I extremely enjoy being at Sacred Heart College where people are friendly and encouraging and it provides me every chance to reach my highest potential both academically and socially.





# A home away from home

Sacred Heart College is a Catholic state integrated secondary school (Years 7 to 13) for boys. Whether our International Students enrol as a day boy or a boarder, we want them all to feel at home at our place.

We welcome International Students at all year levels and encourage them all to become fully integrated in the life of the College. We

foster a culture of inclusiveness and excellence, underpinned by traditional Champagnat and Catholic values.

Students at the College enjoy the benefit of small class sizes, enthusiastic and dedicated teachers, excellent

pastoral care, outstanding facilities, a strong academic programme and a wide range of sporting and cultural activities.

The bonds of friendship formed during boarding days often last throughout life. Students develop future relationships with others, younger and older than themselves.

Both our Hostel and homestay families are proud of the quality of care they provide. When each International Student comes to Sacred Heart they will become a valued member of our Hostel or their respective homestay family.

Friendships and inclusiveness across all age groups are promoted through our Houses, which lead to many mentoring and leadership opportunities.

The bonds of friendship formed during boarding days often last throughout life. Students develop future relationships with others, younger and older than themselves.





# International Students at Sacred Heart College

## International Department

Sacred Heart College has had many years experience in hosting International Students from all over the world. Our department provides comprehensive care for our International Students

Excellent support and guidance systems are in place to help students reach their full potential.

ranging from orientation, curriculum planning, to academic tracking and reporting. We are proud of our native language support, social and wellbeing support, career advice, as well as

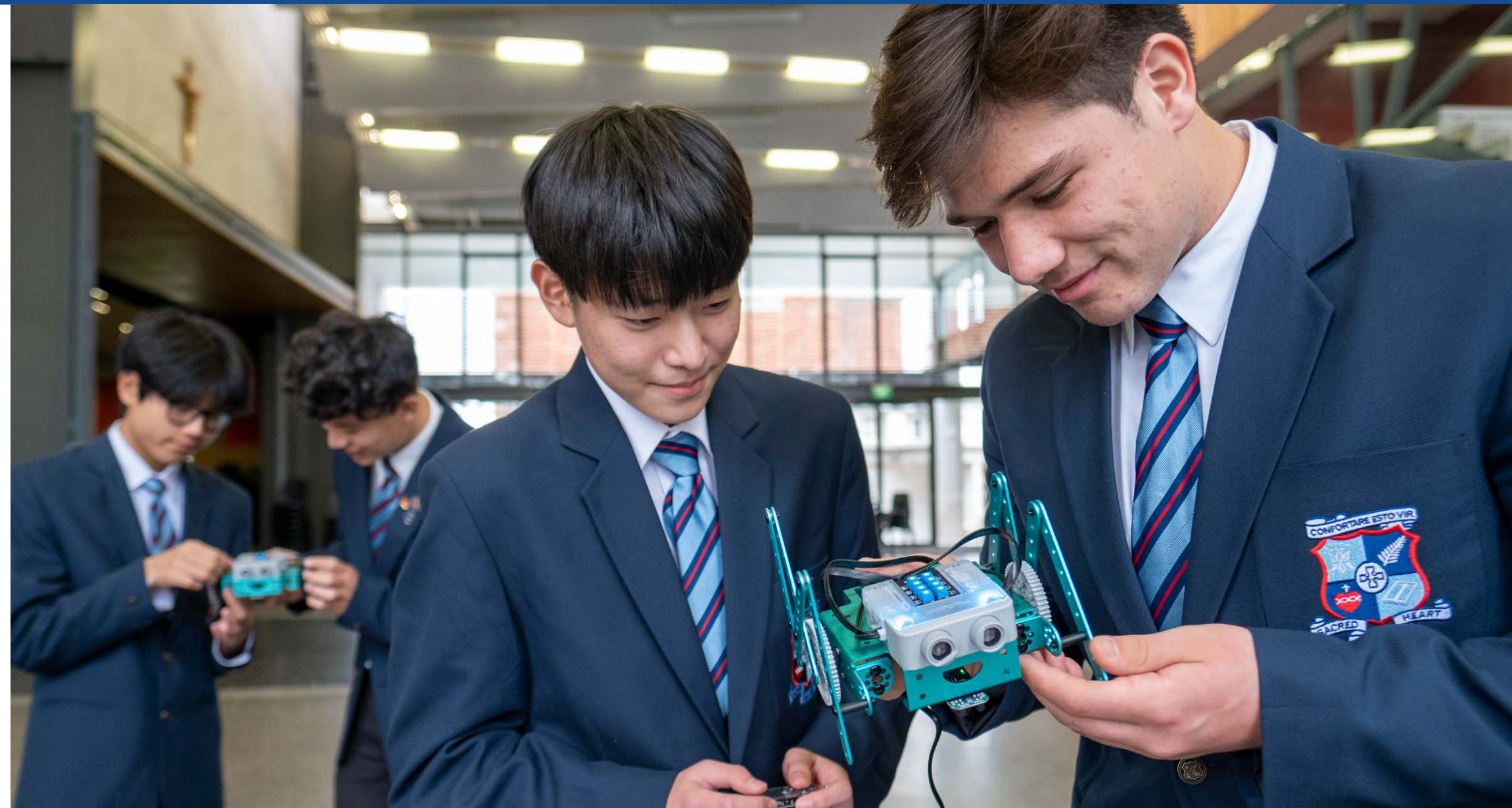
accommodation arrangements including holiday activities and travel insurance.

## English Language Learners Department

Our College provides crucial English language learners support for our International Students to improve on their English competency through two main curriculum areas - English and Religious Education. In-class mainstream support is also offered across a range of other curriculum areas within the context of New Zealand's secondary schools. The focus is on developing our students' English language skills of reading, writing, speaking, and listening. Our aim is to help the senior students to learn the academic language, read and write information texts and to gain the National Certificate of Educational Achievement (NCEA) Level 2 literacy qualification - one of the key University Entrance requirements for tertiary education in New Zealand and overseas.

## International Student Committee

International Students at Sacred Heart College have the opportunity of developing their leadership and organisational skills by becoming a member of our International Student Committee.



This committee is made up of four to five senior international boys representing a diverse range of nationalities. Each year the committee is actively involved with, and assists, the International Department to organise various popular social activities and trips, such as the Mission Bay outing, Fun Sports Day, BBQ, and Disco night. These events enable our International Students to integrate into our wider community and bring a sense of global citizenship to our school.





# Curriculum for International Students



Students are encouraged to test their knowledge in national and international competitions.

Sacred Heart College has a long history of welcoming and educating International Students from all over the world. Our College provides a challenging curriculum based on the New Zealand Curriculum Framework and is renowned for providing students with a caring, supportive environment in which they excel both academically and socially. Students at all levels are extended academically with appropriate support and specialist courses.

In Years 7 to 10, the curriculum focuses on core subjects and gradually introduces specialist subjects as students' progress. At Years 9 and 10 the curriculum has a greater reliance

on individualised learning. In Year 11, students study towards the Sacred Heart Certificate, and preparation for NCEA from Year 12. Able students are offered a range of extension courses including the opportunity to study at scholarship level. Many courses are available in Years 12 to 13 covering the National Qualifications Framework Unit Standards, and NCEA Levels 2 and 3. Religious Education is compulsory for all students, and for International Students is taught by English language teachers to further assist in improving the boys' English competency and gaining credits.

The Study Centre and tutorial workshops are available throughout the academic year. This enables International Students to focus on improving their English language skills, obtain learning support for key subject areas, and prepare them for NCEA assessments and examinations.

Sample Weekly Timetable (Year 11)				
Monday	Tuesday	Wednesday	Thursday	Friday
Homeroom time 8.40am - 8:55am	Homeroom time** 8.40am - 8:55am	Homeroom time 8.40am - 8:55am	Homeroom time 8.40am - 8:55am	Homeroom time** 8.40am - 8:55am
8:55am - 9.50am Chemistry	8:55am - 9.50am Economics	8:55am - 9.50am Music	8:55am - 9.50am Mathematics	8:55am - 9.50am Physics
9.55am - 10.45am English	9.55am - 10.45am Economics	9.55am - 10.45am Music	9.55am - 10.45am Mathematics	9.55am - 10.45am English
10.45am - 11.05am Interval	10.45am - 11.05am Interval	10.45am - 11.05am Interval	10.45am - 11.05am Interval	10.45am - 11.05am Interval
11.10am - 12.00pm Mathematics	11.10am - 12.00pm English	11.10am - 12.00pm Chemistry	11.10am - 12.00pm Physics	11.10am - 12.00pm Economics
12.00pm - 12.50pm Music	12.00pm - 12.50pm English	12.00pm - 12.50pm Chemistry	12.00pm - 12.50pm Physics	12.00pm - 12.50pm Music
12.50pm - 1.30pm Lunch	12.50pm - 1.30pm Lunch	12.50pm - 1.30pm Lunch	12.50pm - 1.30pm Lunch	12.50pm - 1.30pm Lunch
1.35pm - 2.25pm Economics	1.35pm - 2.25pm Music	1.35pm - 2.25pm Physics	1.35pm - 2.25pm English	1.35pm - 2.25pm Mathematics
2.25pm - 3.15pm Physics	2.25pm - 3.15pm Mathematics	2.25pm - 3.15pm Economics	2.25pm - 3.15pm Chemistry	2.25pm - 3.15pm Physics
3:15pm School ends	3:15pm School ends	3:15pm School ends	3:15pm School ends	3:15pm School ends
** School Assemblies				

## School Reporting

A Weekly Notes report is emailed to parents/guardians each week for students in Years 7 to 13. This is designed to provide feedback to students and parents/guardians on the level of effort that has been shown each week. The grades given range from 1 to 5, where 1 is poor and 5 is excellent.

Academic Tracking Evenings are held during the year for senior students to ensure the best academic outcome is achieved for our International Students. They are designed to provide parents and students a clear indication of the predicted level of achievement in each subject, based on current work ethic and academic levels shown to date.

Reports are also emailed home twice a year for each student, following examinations. Parent-Teacher Interviews are held once a year, generally at the end of Term 2 to give important information regarding how each student is progressing and provide suggestions as to how each student can achieve at a higher level.



## Years 7 to 13 Academic Curriculum

*Note: Curriculum is subject to change each year.*

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# NCEA and Pathway to University

Sacred Heart College graduates are accepted into some of the world's best universities including University of Cambridge and Columbia University. Many students also choose to sit New Zealand

Over 80% of Sacred Heart students will pursue tertiary education.

Scholarship examinations, to further extend and challenge them beyond Level 3 NCEA, and the results are always impressive. Every year, a number of our students are awarded prestigious

University Scholarships, and over 80% of the boys will pursue tertiary education.

The International Department sets its goals of recruiting and retaining long-term students with a focus on their academic performance. NCEA results for our International Students have been very pleasing with pass rates consistently on par with the results for the whole school over the last few years. Each year across all Senior levels, a number of International Students gain Excellence endorsements and subsequently are accepted by some of New Zealand's top universities and abroad including Melbourne University, University of Sydney, University of Queensland, Auckland University, Otago University, Keio University, and Chulalongkorn University.

Over the years, we have seen a number of our International Students elected to be school prefects. Many boys are actively involved with school sport, music, art and social groups and contribute positively in this very caring and supporting a Catholic, Marist and Champagnat environment.





# Performing Arts and Culture



Art and cultural activities allow students to develop a sense of belonging and understand how to interact constructively.

Art and cultural activities provide opportunities for students to develop a sense of belonging, to support and encourage others, to learn about leadership, create group spirit and resolve conflict. Students begin to understand how to interact constructively with others while working towards a common goal. They also learn and perfect their own individual skills and talents. At Sacred Heart College, all students are strongly encouraged to participate in a cultural or service group, or they can join one of our many bands.

## Music

Music at Sacred Heart College has a proud tradition which continues to be built upon, whether in the classroom or in co-curricular musical activities. All Years 7 to 9 students are taught Music by a specialist music teacher. In these classes, students cover topics such as music composition, orchestral instruments, rock music, TV music - all through practical music participation.

Students can also enter in the Smokefree Rockquest Competition, Play It Strange competitions, the KBB Band and Orchestral Festival, and the National Concert Band Festival. Further opportunities for performance include the annual Walter Kirby music competition, SHC Legends talent competition and Showcase. In addition, there is scope to learn an instrument at school and sit either Royal Schools of Music or Trinity Guildhall's practical and theory examinations.

Extra-curricular music groups that students can join include:

- Dunstan's Band
- Premier Concert Band
- Sacred Heart College Chorale
- Orchestra
- Junior Choir
- Jazz Combo
- Jazz Band
- Chamber Orchestra
- String Quartet

## Public speaking and drama

Debating and public speaking are popular activities at Sacred Heart with the College performing extremely well in inter-school and local speaking competitions. Participation is encouraged as it enables students to gain confidence, develop analytical skills and to learn to 'think on their feet'.

Musical and drama productions run each year, are a wonderful way for students to showcase their musical and acting abilities.

## Cultural groups

Sacred Heart boys are proud of their culture and there is a strong representation in the Kapa Haka, Tongan and Samoan groups. We encourage students of all ages and ethnicities to join a cultural group to strengthen their relationships within the College. Our cultural groups perform at the College Fiafia Night and represent the school at the annual ASB Polynesian Festival. Kapa Haka students proudly lead the College House Haka competitions, whole-school Haka and school pōwhiris (Māori welcoming ceremonies).

We celebrate Matariki (Māori New Year) and Māori Language Week as part of a growing tradition within Sacred Heart.

## Service groups

The Sacred Heart College pillar of 'Support for individuals and families in need' is clearly reflected by the work of the Young Vinnies. When working for the Young Vinnies, our students are living out their faith in very practical ways involving fundraising and projects that provide practical support for people in need.



# Sport

Equipped with some of the best school sporting grounds and facilities in Auckland, Sacred Heart College offers a comprehensive programme to develop students' abilities in a wide variety of popular sports. All students are encouraged to participate in sport – summer and winter.

Sacred Heart enjoys a reputation as a leading sports college in New Zealand.

A substantial Gymnasium is home to badminton and basketball. This facility also offers a weight training room and classrooms. In addition, there is a large artificial turf (Astroturf) complex for tennis and hockey and indoor cricket nets.

Sacred Heart College participates in the national summer and winter Sports Tournament Weeks, where schools vie for top positioning within New Zealand.

Indoor sports are well catered for, too. The Aquatic Centre includes a purpose-built water polo pool, an outdoor pool and an on-site swimming school.

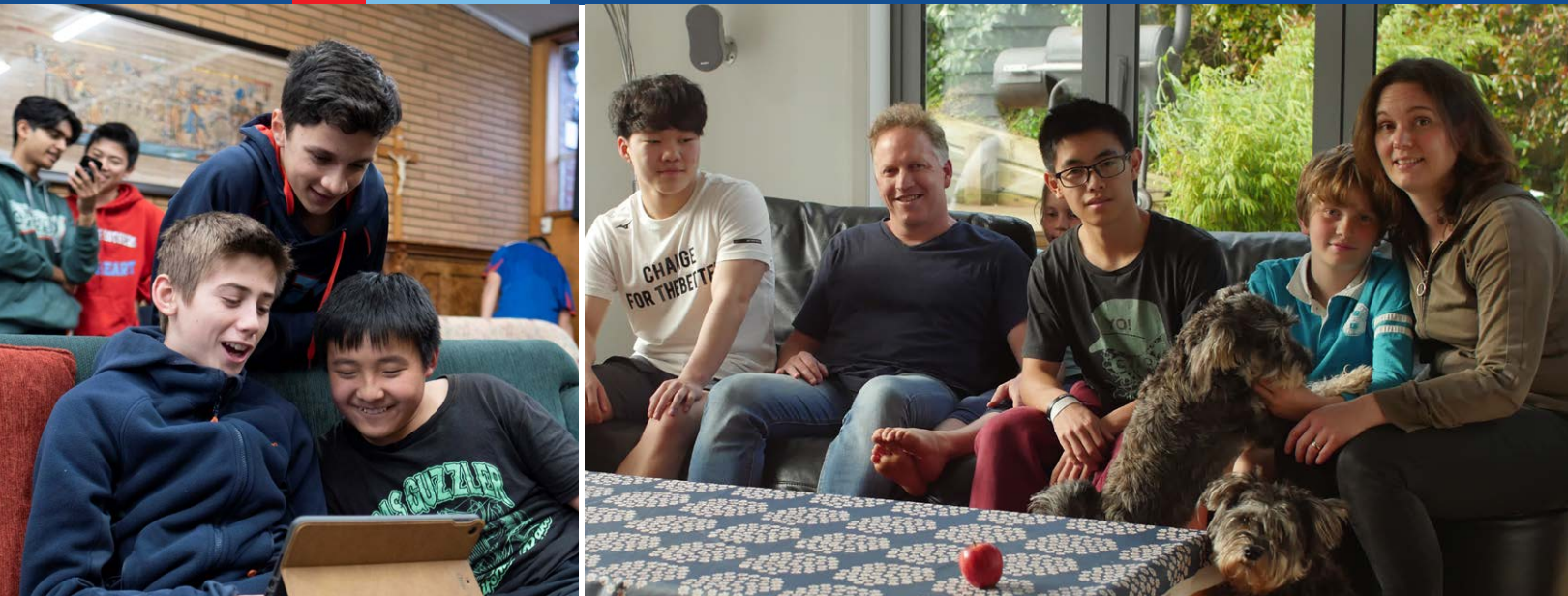


## Sports on offer at the College include:

- Athletics
- Badminton
- Basketball (Institute)
- Cricket (Institute)
- Cycling
- Distance Running
- Football (Institute)
- Golf
- Hockey
- Rowing (Institute)
- Rugby (Institute)
- Rugby Sevens
- Skiing/Snowsports
- Squash
- Swimming
- Table Tennis
- Tennis
- Touch
- Water Polo (Institute)
- Yachting



# Accommodation



International Students have the option of either living in the Sacred Heart College Hostel or with a homestay family. Homestay families are arranged and monitored by the College via an experienced homestay placement service. Some students come with their parents or live with a designated caregiver, whom the International Department endeavours to help and support where necessary.

## College Boarding Hostel

Sacred Heart College Hostel provides a residential Catholic, Marist and Champagnat community that develops our students' faith, academic potential, leadership, sporting and cultural excellence. Sacred Heart College Hostel delivers a safe and inclusive environment, supported in brotherhood, preparing students for the ever-changing world.

Boarding is an integral part of Sacred Heart. The Hostel, located on site at the College, caters for up to 155 students up to Year 13. An interview (in person, or virtual) is undertaken by both the Deputy Headmaster – Boarding and the Director International Students. The Deputy Headmaster – Boarding allocates places for the best possible nationality mix to ensure International Boarders are well integrated into the Hostel environment.

Hostel staff cater for individual needs and create a warm, family environment. The Hostel has

excellent support services, and all meals are served in the spacious dining hall. Laundry is undertaken on site and boarders have access to medical services as required. The Hostel's pastoral and supervision staff ensure that boarders have access to care or advice at any time of the day or night.

## Homestay

Sacred Heart College has hosted international students for many years. Homestay families are carefully chosen and monitored by the College to provide friendly, caring and quality homestay experiences. The suburbs surrounding the College are spacious, safe and often the houses are modern and well-equipped offering students easy access to public transport, local shops and amenities.

Efforts are taken to ensure student's preferences are matched with a suitable family. Full board (breakfast, lunch and dinner) is provided by homestay families. In a multi-cultural city like Auckland, many people enjoy eating a wide variety of cuisine.

Homestay is an amazing part of the New Zealand experience and students frequently stay in touch with their host family for the rest of their lives.







# Sacred Heart College

## AUCKLAND

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